

# Conrad Humphreys

Triple Round the World Yachtsman and Motivational Speaker

Conrad's remarkable story is one of courage, determination, triumph and leadership that will enthrall and inspire all who hear it. At the age of 28 he became the youngest skipper to lift the Princess Royal Trophy and in 2005 he finished 7th in the legendary Vendée Globe.





**CONRAD'S** remarkable story is one of triumph, determination and leadership. In 2005 he completed the world's toughest and longest round the world race, non-stop and without assistance - this was his third circumnavigation of the globe. In doing so he has become only the 5th British yachtsman to complete the legendary Vendee Globe. His story takes his audience on a breath-taking adventure through some of the most inhospitable oceans of the world and has recently been televised by both the BBC and Sky.

Conrad delivers an entertaining and highly inspirational speech drawn from the lessons he has learnt from leading and motivating teams through some of the most hostile conditions on the planet. His messages are clearly articulated and are brought to life with images and breath-taking footage captured during his adventures.

Conrad's speeches are tailored for each client conference and can include the following themes:

- Leadership - creating and sustaining a winning culture
- Teamwork - building team cohesiveness
- Motivation - keeping your head through the doldrums
- Self-belief - Leading in turbulent times

*"Conrad's speech was inspirational... his messages were clearly articulated. The challenges he has faced on the oceans provided a great metaphor for our business conditions."*

**Angus Young, LEK Consulting**

*'I want to pass our thanks to all of you in putting together an outstanding business simulation. This is new ground with our senior team who all - as you know - remained attentive, competitive, energised and above all took some profound learning back to Motorola. You made a real difference!'*

**Steve Mostyn, Motorola EMEA**

For more information and to book Conrad as a speaker, please contact: Vikki Cheung, Sport Environment Limited, Times House, 45 North Hill, Plymouth, UK, PL4 8EZ. T: +44 (0) 1752 600111, E: [vikki.cheung@sportenvironment.com](mailto:vikki.cheung@sportenvironment.com)



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Conrad Humphreys is an ambassador for The Blue Climate and Oceans Project